FLEX-SUPPORT®



Quality Medical Products

Since 1965

Effective 2007

FRANK STUBBS CO., INC. 2100-B EASTMAN AVENUE OXNARD, CA 93030 (800) 223-1713 FAX (805) 278-6609 www.fstubbs.com

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Abdominal Binders

For short term post-surgical support and care.

3-Panel, 9" Deluxe Abdominal Binder (#1083)



Plush lined 3-panel white elastic binder with adjustable contact closure Binder feels comfortable against the skin and provides uniform compression Available in XS, S, L, and XL

Latex free

Indications: Post-operative support for the abdominal muscles.



Sizing: Measure around midsection

Sizes: XS (26"-30"), S (30"-45"), L (46"-62"), XL (62"-75")

4-Panel, 12" Deluxe Abdominal Binder (#1084)



Plush lined 4-panel white elastic binder with adjustable contact closure Binder feels comfortable against the skin and provides uniform compression Available in XS, S, L, XL, XXL Latex free

Indications: Post-operative support for the abdominal muscles.



Sizing: Measure around midsection

Sizes: XS (26"-30"), S (30"-45"), L (46"-62"), XL (62"-75"), XXL (75"-90")



Contoured Abdominal Binder (#2003)

10" Contoured Abdominal Binder (#2004)

12" Contoured Abdominal Binder (#2005)



Provides a more contoured fit for an adjustable compression

High grade padded back panel and dual elastic side panels for adjustable compression Fully adjustable with contact closure to ensure proper fit

New design incorporates a semi-circle cut out on the back panel to prevent rolling, shifting, or riding up

*2003 and 2004 have two panels, while the 2005 comes with 3 panels Latex free



Indications: Post-operative support for the abdominal muscles.

Sizes: One Size (28"-44")

Ankle Supports

Ankle supports are used for sprains, strains, fractures and ligament injuries.

They provide varied compression to reinforce the ankle and foot muscles that have been weakened or stretched.

Figure 8 Ankle Wrap (#250)



3" all elastic wrap with contact closure for secure fit and easy application Available in S, M, L, XL, and XXL

Indications: Indicated for mild sprains and injuries.

Application Instructions: Start with pile side of contact closure on the top outside bone. Wrap around ankle by pulling strap over the top of foot, down around the bottom and pulling up to secure support with the contact closure.

Sizing: Wrap length.

Sizes: S (3" x 15"), M (3" x 18"), L (3" x 20"), XL (3" x 22"), XXL (3" x 25")

Elastic Slip-on Ankle Support (#407)



Knit elastic slip-on style with open heel Available in S, M, L, and XL

Indications: Provides intermediate support and compression for minor ankle injuries. Compression helps reduce inflammation.

Application Instructions: Slip ankle through support so that heel fits snugly in the open heel.

Sizing: Measure around widest part of ankle.

Sizes: S (6"-8"), M (8"-11"), L (11"-13"), XL (13"-16")

Heel Protectors (#570)



100% polyester/pile material and adjustable contact closure One pair per box One Size

Indications: Relieves pressure off of bony prominences to prevent decubitus ulcerations.

Ankle Supports

Neoprene Ankle Support, Regular (#1022)



Beige 1/8" neoprene with 2 sided nylon Localized compression with unique figure 8 style wrap with contact closure Available in S, M, L, and XL

Indications: Provides 4-way compression to reinforce ankle and foot muscles that have been weakened or stretched by strains and sprains.

Application Instructions: Wrap long strap around top of the foot in the desired position, extend around ankle and secure utilizing the short strap. Contact closure ensures closure and proper compression.

Sizing: Measure around widest part of ankle.

Sizes: S (8"-10"), M (10"-11"), L (11"-13"), XL (13"-14")

8" Ankle Stabilizer (#2100) 9" Ankle Stabilizer (#2101)

10" Ankle Stabilizer (#2102)



Combination of lightweight gel/air and closed cell foam material to provide maximum support and compression as well as relieve and eliminate pressure points.

Universal medial and lateral shell fits either ankle

Pre-inflated upper air bladders

Adjustable heel pad and swivel contact closure straps for easy application and adjustability

Indications: Designed for the support and protection of injured or unstable ankles.

Application Instructions: Position heel into heel pad with medial and lateral shells aligned along the sides of the ankles. Wrap swivel contact closure straps around the circumference of the leg and support and secure with the contact closure. Stabilizer should fit snugly around the ankle and lower leg.

Arm Slings

Arm slings are used in the treatment of bone, muscle, and ligament injuries to the hand, arm or shoulder and for post cast removal. Designed to fit both left and right arms while supporting the weight of the arm.

Denim Arm Sling (#317D)



Envelope style arm sling made of cotton denim material with 1 ½" webbing strap Contact closure for easy application along with metal D-ring for easy adjustment Sizes: XS, S, M, L, XL

Indications: Arm slings are indicated for providing elevation, protection, and support to hand, arm and/or shoulder as a result of injury, surgery and post cast.

Application Instructions: Position strap over head, coming off the elbow, and over the unaffected shoulder. Position arm in pouch with elbow placed completely inside the pouch. End of sling should come to the middle of the hand. Put shoulder webbing strap through metal D-ring and attach contact closure.

Sizing: Measure from tip of the elbow to middle of the hand.

Sizes: XS (11" x 6"), S (13" x 6 1/2"), M (15" x 7"), L (16 1/2" x 7"), XL (18" x 7")

Deluxe Denim Arm Sling (#318D)



Envelope style arm sling made of cotton denim material with 1 ½" webbing strap Contact closure for easy application along with metal D-ring for easy adjustment Thumb loop to help prevent hand drop Available in S, M, L, XL

Indications: Arm slings are indicated for providing elevation, protection, and support to hand, arm and/or shoulder as a result of injury, surgery and post cast.

Application Instructions: Position strap over head, coming off the elbow, and over the unaffected shoulder. Position arm in pouch with elbow placed completely inside the pouch. End of sling should come to the middle of the hand. Put shoulder webbing strap through metal D-ring and attach contact closure.

Sizing: Measure from tip of the elbow to middle of the hand. Sizes: $S(13" \times 6 \frac{1}{2}")$, $M(15" \times 7")$, $L(16 \frac{1}{2}" \times 7")$, $XL(18" \times 7")$

Denim Arm Sling (#320D)

White Arm Sling (#320W)



Open elbow style sling made of cotton/polyester blend material with 1" webbing strap and metal slide buckle for easy adjustment.

Available in Denim or White Available in S, M, L, XL

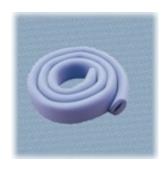
Indications: Arm slings are indicated for providing elevation, protection, and support to hand, arm and/or shoulder as a result of injury, surgery and post cast.

Application Instructions: Position strap over head, coming off the elbow, and over the unaffected shoulder. Position arm in pouch with elbow placed completely inside the pouch. End of sling should come to the middle of the hand, then attach with metal buckle.

Sizing: Measure from tip of the elbow to middle of the hand.

Sizes: $S(13" \times 6 \frac{1}{2}")$, $M(15" \times 7")$ ₅ $L(16 \frac{1}{2}" \times 7")$, $XL(18" \times 7")$

Arm Slings



Foam Padding (#754)

Blue foam padding with 2" opening for webbing straps 6' Tubular roll One size

Indications: When padding is added to webbing straps, arm slings become less straining and more comfortable.

Back Supports

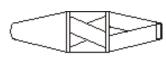
Used for lower back pain caused by muscle strain or to support muscles of the lower back and abdomen that have been stretched or weakened. All back supports are designed to fit men and women.

Universal 9" Criss Cross (#365)



Support is constructed of an elastic back panel with criss cross overlay and one elastic side panel and one tapered brush nylon side panel

Two anti-roll stays hold the back panel in place Contact closure secures support around the body One size Latex free



Indications: Provides comfortable intermediate support.

Application Instructions: Center belt on lower back and stretch back panel and side panels to a suitable tension. Attach right side and follow with left side panel. Secure with contact closure.

Sizes: One size (28"-50")

10" Elastic Criss Cross (#366)

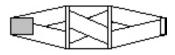


Elastic back panel with criss cross overlay and tapered elastic side panels that support the back with two anti-roll stays

Contact closure provides secure support Available in S, M, L, XL, and XXL

Latex free

Indications: Supports the stretched, injured or weakened muscles of the lower back and/or abdomen Application Instructions: Center belt along the lower back and stretch the back panel and side panels to a suitable tension. Attach right side, then left side panel. Secure with contact closure.



Sizing: Measure around mid-section

Sizes: S (26"-30"), M (30"-34"), L (34"-38"), XL (38"-42"), XXL (42"-46")

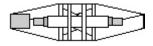
Double Pull Elastic Criss Cross 10" (#367)



Elastic side panel with criss cross overlay and tapered elastic side panels Two rigid stays and two flex stays support the back Elastic double pull tension straps and contact closure provides firm support Available in S, M, L, XL, and XXL

Latex free

Indications: Supports the stretched, injured or weakened muscles of the lower back and/or abdomen Application Instructions: Center belt along the lower back and stretch the back panel and side panels to a suitable tension. Attach right side and then left side panel. Secure with contact closure.



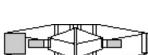
Sizing: Measure around mid-section

Sizes: S (26"-30"), M (30"-34"), L (34"-38"), XL (38"-42"), XXL (42"-46")

Back Supports

10" Double Pull Back Support (#865)





Solid white back panel and elastic side panels with elastic double pull tension straps Two rigid stays and two flex stays support the back Contact closure provides secure support Available in S, M, L, XL, and XXL Latex free

Indications: Supports the stretched, injured or weakened muscles of the lower back and/or abdomen Application Instructions: Remember to detach double pull bands before applying support. Center back panel across the lower back, stretch side panels and close left side over the right side. Stretch the double pull tension bands and apply with the contact closure to the side panels.

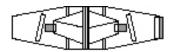
Sizing: Measure around mid-section

Sizes: S (28"-34"), M (34"-40"), L (40"-46"), XL (46"-52"), XXL (52"-58")

9" Duo Adjustable Back Support (#900)







White elastic back panel and tapered foam brush nylon side panels Four flexible stays and two anti-roll stays provide comfortable, secure support Double pull elastic tension straps and contact closure provides secure fit Available in S. M. and XL Latex free

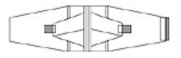
Indications: Supports the stretched, injured or weakened muscles of the lower back and/or abdomen Application Instructions: Be sure to detach double pull bands before applying support, otherwise the stretch and support of the back and side panels is affected. Position and stretch back panel across lower back. Close left side panel over the right side panel. Then, reach back and stretch double pull tension bands and secure with contact closure to side panels.

Sizing: Measure around mid-section

Sizes: S (26"-38"), M (38"-50"), XL (44"-62")

9" Long Term Duo-Adjustable Back Support (#1085)





Elastic back panel and two tapered side panels with reinforced contact closure for long term wear Four flexible stays and elastic double pull tension straps provide support Contact closure secures support around the body Available in S, M, and XL

Latex free

Indications: Supports the stretched, injured or weakened muscles of the lower back and/or abdomen Application Instructions: Remember to disconnect double pull bands before applying support, otherwise the stretch and support of the back and side panels is affected. Position and stretch back panel across lower back. Close left side panel over the right side panel. Then reach back and stretch double pull tension bands and secure with contact closure to side panels.

Sizing: Measure around mid-section

Sizes: S (26"-38"), M (38"-50"), XL (44"-62")

Back Supports

9" Universal Double Pull Back Support (#1087)



Elastic back panel and padded brush nylon side panels Flexible stays and elastic double pull tension straps provide firm support Contact closure secures comfortable fit around the body One size Latex free



Indications: Supports the stretched, injured or weakened muscles of the lower back and/or abdomen Application Instructions: Remember to disconnect double pull bands before applying support. Center the back panel across the lower back and stretch belt while double pull tension straps are loose. Close panels left over right to a comfortable tension, then do the same with the double pull tension straps and close.

Sizes: One size (28"-50")

9" Neoprene Double Pull Back Support (#1021)



Black, 1/8" neoprene back panel covered with 2-sided nylon and tapered foam lined brush nylon side panels

Elastic double pull tension straps, four flexible stays and contact closure for secure, comfortable fit around the body

Newly designed cut out back panel prevents shifting and riding up Available in S and L Latex free



Indications: Supports the stretched, injured or weakened muscles of the lower back and/or abdomen Application Instructions: Be sure to disconnect double pull bands before applying support, otherwise the stretch and support of the back and side panels is affected. Position and stretch back panel along lower back. Close left side panel over the right side panel. Then, reach back and stretch double pull tension bands and secure with contact closure to side panels.

Sizing: Measure around mid-section Sizes: S (28"-38"), L (38"-48")

Cast/Post-Op Shoes

Cast shoes provide protection from dirt and water. Rocker sole shoes allow for normal walking and balance. Rubber sole provides non-slip traction and retards shock to fractures or injury during walking. Post-op shoe helps in the healing process after surgery.

Wood Sole Post-Op Shoe (#342)



Shoe is constructed of rubber sole, wood platform and soft inner sole for cushioning Upper is made of a heavy duty black material with contact closure in front and back An additional set of straps is provided to fasten over the instep to secure heel from riding up Available in S, M, L, and XL

Latex free

Indications: Protects cast from dirt and water. Rocker bottoms allow for normal walking. Application Instructions: Slip foot into shoe and enclose with contact closure straps located in back of foot and over dorsal aspect of foot.

Sizes: S (9 ½"), M (10"), L (11"), XL (11 ½")

Super Shoe II (#343)



Heavy duty nylon upper with cushioned rocker sole and removable tongue Pressure sensitive arch cushion and loop and lock contact closure for comfortable fit Available in XS, S, M, L, and XL Latex free

Indications: Post surgical protection for the foot.

Application Instructions: Slip foot into shoe and enclose with contact closure straps located in back of foot and over dorsal aspect of foot.

Sizes: XS (8 ½"), S (9 ½"), M (10"), L (11 ½"), XL (12 ½")

Cast Sandal Rocker Bottom (#889)



Strong canvas duck upper with cushioned 1/8" inner sole and rocker bottom outer sole 3 reinforced contact closure straps for secure, comfortable fit Open toe and heel provides more versatility in sizing Available in XS, S, M, L, and XL Latex free

Indications: Post surgical protection of the foot.

Application Instructions: Slip foot into shoe and enclose with contact closure straps located in back of foot and over dorsal aspect of foot.

Sizes: XS (9 ½"), S (11"), M (12"), L (12 3/4"), XL (13 ½")

Cervical Collars

Used for the relief of muscle, ligament, tendon, and soft tissue injuries to the neck region. Measure the circumference of the neck for proper sizing. Collar should not interfere with breathing or swallowing, it should not be too tight.

Universal Cervical Collar 2" (#160-2) Universal Cervical Collar 3" (#160-3) Universal Cervical Collar 4" (#160-4)



Contoured firm density foam with stockinette cover Vinyl reinforcement strap with contact closure Collar length is 19"

Specify collar height: 2", 3", or 4"

Any collar can be ordered in extra long if additional length (7") is needed

One size Latex free

Indications: Used for immobilization of the neck-cervical region.

Application Instructions: Center collar under the chin, wrap around the neck and secure the contact closure behind the head.

Sizes: One size

Universal Soft Collar 3" (#303) Universal Soft Collar 4" (#304)



Soft density foam collar with stockinette covering and extra long contact closure Collars are 21" in length
One size
Latex free

Indications: Used for immobilization of the neck-cervical region. Collar can also be used for traction Application Instructions: Center collar under the chin, wrap around the neck and secure the contact closure behind the head. For traction, split foam and use grommets to attach to traction device.

Sizes: One size

Medium Density Collar (#2122)



Contoured, medium density foam with stockinette covering and contact closure Available in S, M, L, and XL Latex free

Indications: Used for immobilization of the neck-cervical region.

Application Instructions: Center collar under the chin, wrap around the neck and secure the contact closure behind the head.

Sizing: Measure circumference of neck.

Sizes: S (3 1/2" x 15 1/2"), M (3 1/2" x 18"), L (3 1/2" x 19"), XL (5" x 21")

Cervical Collars

Medium Density Collar 3" (#2123) Medium Density Collar 4" (#2124)



Contoured, medium density foam with stockinette covering and contact closure Collars are 23" long and available in 3" and 4" widths
One size
Latex free

Indications: Used for immobilization of the neck-cervical region.

Application Instructions: Center collar under the chin, wrap around the neck and secure the contact closure behind the head.

Clavicle Braces

These supports are used for the treatment of clavicle fractures, upper back tension and for posture control by limiting the forward and downward movement of the shoulders.

Deluxe Four-Way Clavicle Brace (#242)



Four-way adjustable polyester/pile back panel Comfortable polyester/pile padded straps Prong buckle closure to insure secure fit Available in XS, S, M, L, and XL Latex free

Indications: Used for treatment of clavicle fractures, upper back tension, and posture control by limiting the forward and downward movement of the shoulders.

Application Instructions: Position back pad against the back with straps up over the shoulders and under the arms and tighten into the four way buckles to appropriately adjust strap length.

Sizing: Measure chest around from bottom of sternum

Sizes: XS (20"-24"), S (24"-30"), M (30"-36"), L (36"-42"), XL (42"-48")

Contact Closure Clavicle Brace (#1033)



Foam padded straps and back panel with movable contact closure "D" rings Easy application

Excellent product for posture control and supporting stoop shoulder Available in XS, S, M, L, and XL

Latex free

Indications: Excellent for posture control and support of stoop shoulders. Also used for the treatment of clavicle fractures and upper back tension by limiting the forward and downward movement of the shoulders.

Application Instructions: Position back pad against the back with straps up over the shoulders and under the arms to strap into the D-ring. Attach straps to the front shoulder straps with contact closure.

Sizing: Measure chest around from bottom of sternum

Sizes: XS (20"-24"), S (24"-30"), M (30"-36"), L (36"-42"), XL (42"-48")

Elbow Supports

Elbow supports provide compression to support stretched or weakened muscles. They are also used for minor sprains and strains. Tennis elbow supports are used to relieve tendinitis conditions in the elbow by lessening the stress on the elbow.

Tennis Elbow Support (#185)



Loop and lock contact closure secures desired pressure and tension Available in S, M, and L Latex free

Indications: Elbow supports provide compression to support stretched, weakened muscles, minor sprains, strains, and tendinitis.

Application Instructions: Position strap around the thickest part of the forearm with mild tension and resistance to support. Be sure not to cut off circulation.

Sizing: Measure widest part of forearm. Sizes: S (7"-9"), M (9"-11"), L (11"-14")

Elastic Elbow Support (#818)



Slip on style support made of comfortable knit elastic Available in S, M, L, and XL Latex free

Indications: Elbow supports provide compression to support stretched, weakened muscles, minor sprains, strains, and tendinitis.

Application Instructions: Slip-on style. Slip hand and arm into support and center around elbow.

Sizing: Measure widest part of forearm.

Sizes: S (7"-10"), M (10"-12 ½"), L (12 ½"-15"), and XL (15"-17")

Universal Tennis Elbow Support (#2129)



Loop and lock closure secures desired pressure and tension One size Latex free

Comes in black (picture does not represent actual color)

Indications: Elbow supports provide compression to support stretched, weakened muscles, minor sprains, strains, and tendinitis.

Application Instructions: Position strap around thickest part of the forearm with mild tension and resistance to support. Be sure not to cut off circulation.

Sizing: Measure widest part of forearm.

Sizes: S (7"-10"), M (10"-12 $\frac{1}{2}$ "), L (12 $\frac{1}{2}$ "-15"), and XL (15"-17")

Elbow Supports

Elbow Protector (#575)



Constructed of 100% polyester/pile material with contact closure to stabilize the protector One size

Latex free

Indications: Aids in preventing decubitus bedsore by protecting skin.

Application Instructions: Position protector around desired area and secure with contact closure.

Sizes: One size

Neoprene Elbow Support (#1038)



Black, 1/8" neoprene with hook and loop contact closure to secure desired pressure and tension Pressure point pad to help direct compression

Retains natural body heat

One size

Latex free

Comes in black (picture does not represent actual color)

Indications: Elbow supports provide compression to support stretched, weakened muscles, minor sprains, strains, and tendinitis.

Application Instructions: Position strap around thickest part of the forearm with mild tension and resistance to support. Be sure not to cut off circulation.

Sizes: One size

Neoprene Elbow Support (#1039)



Beige, 1/8" neoprene with 2-sided nylon and contact closure Available in S, M, L, and XL Latex free

Indications: Elbow supports provide compression to support stretched, weakened muscles, minor sprains, strains, and tendinitis.

Application Instructions: Center support on elbow and close contact closure on upper arm and then around the lower arm.

Sizing: Measure 3" above elbow

Sizes: S (9"-10 ½"), M (10 ½"-12"), L (12"-13 ½"), and XL (13 ½"-15")

Neoprene Elbow Support (#1040)



Beige, 1/8" neoprene with 2-sided nylon Slip-on for lower arm with contact closure for upper arm for secure fit Circumferential tennis elbow strap with loop and lock contact closure Available in S, M, L, and XL Latex free

Indications: Adds support and compression to injured and weakened elbow muscles.

Application Instructions: Slip elbow into support and attach upper arm closure then set lower contact closure around the forearm.

Sizing: Measurement at the thickest part of the forearm.

Sizes: S (9"-10 ½"), M (10"-11"), L (11"-12 ½"), and XL (12"-13")

Hand/Finger Splints

Used for the stabilization or immobilization of the joints. They provide support for injured fingers and protect existing fractures.

> Colles Splint, Unpadded (#1015) Colles Splint, Padded (#1016)





Metal splint Available padded or unpadded Specify right or left Available in Child, Youth, and Adult sizes Latex free

Indications: Aids in the immobilization of the hand and wrist. Can be applied with an ice pack. Application Instructions: Position hand in a comfortable position along the curvature of the splint.

Sizing: Indicate right or left Sizes: Child, Youth, Adult

Forearm Splint, Padded (#1018)



Metal splint Available padded or unpadded Specify right or left Available in Child, Youth, and Adult sizes Latex free

Indications: Aids in the immobilization of the hand and wrist. Can be applied with an ice pack. Application Instructions: Position hand in a comfortable position along the curvature of the splint.

Sizing: Indicate right or left Sizes: Child, Youth, Adult

Universal Thumb Splint (#301)



Foam lined inner and vinyl outer with metal stay and contact closure to insure proper fit One size Latex free

Indications: This particular splint can be used in place of the SPICA Thumb Splint. Used for stabilization or immobilization of the joint.

Application Instructions: Align thumb along metal stay or in an abducted position. Secure splint with the three contact closure tabs: one at the thumb, wrist, and forearm.

Hand/Finger Splints

Quicky Toad Finger Splint (#415)



Constructed of foam padded aluminum 12/pkg per size Available in S, M, and L Latex free

Indications: Also known as a frog splint. Used for the stabilization or immobilization of the joints. They provide support for injured fingers and protect existing fractures.

Application Instructions: Mold aluminum to the shape of the finger. Secure with the four prongs to hold splint in place.

Sizes: S (2"), M (3"), and L (3 ½")

Baseball Splint (#419)



Constructed of foam padded aluminum 12/pkg per size Available in S, M, and L Latex free

Indications: Used for the stabilization or immobilization of the joints. They provide support for injured fingers and protect existing fractures.

Application Instructions: Fold aluminum end over finger tip for protection. Wrap prong at base of finger to hold splint position.

Sizes: $S(3 \frac{1}{2})$, M(4), and $L(4 \frac{1}{2})$

Finger Protector, Padded (#420P)



Constructed of foam padded aluminum 12/pkg per size Available in S, M, and L Latex free

Indications: Also known as four prong finger protector. Used for stabilization and immobilization of the joints. They provide support for injured fingers and protect existing fractures.

Application Instructions: Slide injured fingers into end of splint and enclose four prongs around finger. Secure with medical tape.

Sizes: S (3 $\frac{1}{2}$ "), M (4"), and L (4 $\frac{1}{2}$ ")

Hand/Finger Splints

Finger Cot, Padded (#422)



Constructed of aluminum and padded with blue foam 12/pkg per size Available in S, M, L, and XL Latex free

Indications: Used for stabilization or immobilization of the joint. They provide support for injured fingers and protect existing fractures.

Application Instructions: Slide injured finger into end of splint and enclose prongs around finger. Secure with medical tape.

Sizes: S (1"), M (2"), L (3"), and XL (3 1/2")

Spoon Finger Splint, Padded (#429)



Constructed of aluminum
Padded style comes with blue foam
12/pkg per size
Available in S, M, L, and XL
Latex free

Indications: Also known as a gutter splint. Used for stabilization or immobilization of the joints. They provide support for injured fingers and protect existing fractures.

Application Instructions: Place finger on top of splint. Secure with medical tape.

Sizes: S (1 ½"), M (3"), L (6"), and XL (9")

Strip Splints ½" x 18" (#453) Strip Splints 3/4" x 18" (#454) Strip Splints 1" x 18") (#455)



White, open cell foam padded aluminum splint 12/pkg per size Latex free

Indications: Immobilization and stabilization of finger joints. Support for injured fingers and protection of existing fractures.

Application Instructions: As advised by your medical provider.

Hemi Slings

Hemi slings are to be used mainly for patients who have had a stroke. Can also be used for patients who are experiencing hemiplegia or subluxation of either shoulder.

Original Harris Hemi Sling, Left (#326L) Original Harris Hemi Sling, Right (#326R)



Constructed of a **NEW softer, more breathable**, padded lightweight material and 1" webbing and metal slide buckles

Adjustable front, back, and shoulder width allows for easy application

Available in black or white colors

Application instructions included

One size

Indications: Aids in the rehabilitation of stroke patients. Trains patients to place sling on and remove by themselves. Prevents the extremity from dangling.

Application Instructions: Please refer to instruction sheet that is included with each sling. Place affected arm in elbow and wrist pouch. The straps attach to the back pad and make any adjustment easy to carry out.

Sizes: One size

Latex free

Hemi Exerciser Mitt (#648) Hemi Exerciser Unit, Complete (#649) Hemi Exerciser Unit, without Mitt (#650)



This product is designed for the rehabilitation of patients who have experienced a stroke. Mitt is made of padded black fabric with contact closure for proper fit. One size

Latex free

Indications: Designed for stroke patients to exercise muscles of the affected arm.

Application Instructions: Mitt is used for affected arm and hand. Mitt is attached to the bar with contact closure. A series of pulleys is attached to and over-the-door hanger for exercise.

Knee Splints

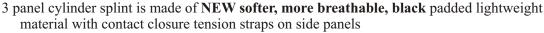
Knee splints are sometimes used in place of casts or after cast removal to provide immobilization during the healing process.

24" Universal Three Panel Cylinder Knee Splint (#132)

20" Universal Three Panel Cylinder Knee Splint (#133)

16" Universal Three Panel Cylinder Knee Splint (#134)

12" Universal Three Panel Cylinder Knee Splint (#135)



Back panel and two adjustable side panels attach with contact closure

4 rigid aluminum metal stays support the knee - 2 posterior stays and one lateral stay on each side. Foam strips under the loops and a removable pop-pad adds comfort and helps prevent shifting. Available in 12", 16", 20", 24" lengths

One size Latex free

Indications: Immobilization of the knee.

Application Instructions: Wrap main body panel around leg with the patellar opening positioned along the knee. Position side panels so that they slightly meet or wrap over each other. Side panels should come along the front of the leg evenly. Place straps evenly above and below the knee and interlock straps across the front and through the rings. Adjust contact closure strips on each side panel to make the size adjustments. Upper and lower aspects of the knee splint can be adjusted independently of the other. Pull the straps to a comfortable secure tension and fasten with contact closure.

Sizes: One size

Universal Foam Knee Splint, 20" (#1090)

Made of foam and brush nylon with pop pad in back, with hole

Two sewn in 1 ½"metal stays are located posteriorly and there is one removable 1 ½"metal stay on each side

Splint is secured with loop and lock contact closure tension straps

One size Latex free

Indications: Immobilization of the knee.

Application Instructions: Wrap foam around leg carefully placing the lateral stays along the sides of the leg. Foam can be trimmed for a custom fit. Wrap straps around and attach contact closure to secure the splint.

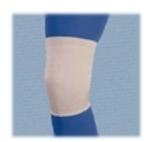
Sizes: One size (14"-25")





Knee Splints

Elastic Slip-on Knee Support (#408)



Slip-on style knee support constructed of knit cotton elastic Available in S, M, L, and XL Latex free

Indications: Provides compression for inflammation and support for mild knee strain or weakness. Application Instructions: Slip foot into the widest part of support. Be sure support is centered around the knee.

Sizing: Measure the circumference of the knee

Sizes: S (11 ½"- 13"), M (13"-14 3/4"), L (14 3/4"-16 ½"), and XL (16 ½"- 18")

Neoprene Budget Knee Sleeve With Patellar Opening (#1000)



Economical slip-on style beige, 1/8" neoprene sleeve with 2 side nylon covering Available in XS, S, M, L, XL, XXL, XXXL, and XXXXL Latex free

Indications: Provides compression for inflammation and support for mild knee strain or weakness. Application Instructions: Slip leg into widest aspect of support with knee cap positioned to fit into the patellar opening.

Sizing: Measure the circumference of the knee while slightly bent.

Sizes: XS (12"-13"), S (13"-14"), M (14"-15"), L (15"-16"), XL (16"-17"), XXL (17"-19") XXXL (19"-21"), and XXXXL (21"-23")

Neoprene Sports Knee Sleeve With Patellar Opening (#1005)



Slip-on style, beige 1/8" neoprene knee sleeve covered with nylon, a reinforced patella with an adjustable buttress pad Available in XS, S, M, L, XL, XXL, XXXL, and XXXXL Latex free

Indications: Provides compression for inflammation and support for mild knee strain or weakness. Application Instructions: Slip leg into widest aspect of support with knee cap positioned to fit into the patellar opening. Buttress pad can be used to reinforce patella.

Sizing: Measure the circumference of the knee while slightly bent.

Sizes: XS (12"-13"), S (13"-14"), M (14"-15"), L (15"-16"), XL (16"- 17"), XXL (17"-19") XXXL (19"-21"), and XXXXL (21"-23")

Knee Splints

Neoprene Spiral Knee Sleeve (#1007)



Slip-on style, beige 1/8" neoprene knee sleeve with 2-sided nylon covering and contact closure and contact closure stabilizing straps

Patella is reinforced, includes an adjustable buttress pad XS, S, and M sizes support the knee with one spiral stay on each side L, XL, XXL, XXXL, and XXXXL sizes use 2 sprial stays on each side Available in XS, S, M, L, XL, XXL, XXXL, and XXXXL Latex free

Indications: Provides compression for inflammation and support for mild knee strain or weakness. Application Instructions: Slip leg into widest aspect of support with knee cap positioned to fit into the patellar opening. Buttress pad can be used to reinforce patella. Contact closure straps provide additional support.

Sizing: Measure the circumference of the knee while slightly bent.

Sizes: XS (12"-13"), S (13"-14"), M (14"-15"), L (15"-16"), XL (16"-17"), XXL (17"-19") XXXL (19"-21"), and XXXXL (21"-23")

Neoprene Hinged Knee Sleeve (#1010)



Slip-on style support is constructed of beige, 1/8" neoprene covered with 2 sided nylon with full encircling contact closure stabilizing straps

Medial and lateral hinges have hyper-extension stops and a reinforced patella with adjustable buttress pad aid in supporting the knee

Available in XS, S, M, L, XL, XXL, XXXL, and XXXXL Latex free

Indications: Provides compression for inflammation and support for mild knee strain or weakness. Application Instructions: Slip leg into widest aspect of support with knee cap positioned to fit into the patellar opening. Buttress pad can be used to position knee. Contact closure straps provide additional support.

Sizing: Measure the circumference of the knee while slightly bent.

Sizes: XS (12"-13"), S (13"-14"), M (14"-15"), L (15"-16"), XL (16"-17"), XXL (17"-19") XXXL (19"-21"), and XXXXL (21"-23")

Lumbar Sacro-Supports

Used for lower back pain caused by muscle strain or to support muscles of the lower back and abdomen that have been stretched or weakened. Lumbar sacro supports are designed to fit men and women.

9" Double Pull Lumbar-Sacro Back Support (#394)



All elastic construction with tapered side panels and contact closure for secure fit around the body Two flexible stays and adjustable elastic double pull abdominal tension strap provides firm support Contact closure secures support around the body

Available in S, M, L, XL, XXL and XXXL

Latex free

Indications: Supports the stretched, injured or weakened muscles of the lower back and/or abdomen. Application Instructions: Center the back panel along the lower back and stretch belt while double pull tension strap is loosened. Close panels left over right to a comfortable tension. Position double pull tension strap along the spine or where needed, then tighten and close.

Sizing: Measure around mid-section

Sizes: S (25"-27"), M (28"-30"), L (30"-34"), XL (34"-38"), XXL (39"-46"), XXXL (47"-52")

11" Lumbar-Sacro Belt (#741)



Solid white back panel with elastic side panels with contact closure Four rigid contoured stays support the lower back Two webbing tension straps with plastic buckles insure proper fit Available in S, M, L, and XL Latex free

Indications: Supports the stretched, injured or weakened muscles of the lower back and/or abdomen Application Instructions: Position lumbar sacro-support at the hips so the sacral region is covered. Place the solid back panel across the sacral region. Make sure the elastic is stretched for even,

balanced compression. Secure support with contact closure.

Sizing: Measurement taken at the mid-section

Sizes: S (28"-34"), M (34"-40"), L (40"-46"), XL (46"-52")

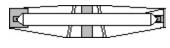


10" Elastic Double Pull Back Support (#1081)

All elastic construction with tapered side panels and contact closure for secure fit around the body Four rigid contoured stays and adjustable elastic double pull abdominal tension straps provide firm support

Available in S, M, L, XL, XXL, and XXXL

Latex free



Indications: Supports the stretched, injured or weakened muscles of the lower back and/or abdomen Application Instructions: Center the back panel across the lower back and stretch the belt. Be sure double pull tension strap is loosened. Close panels left over right to a comfortable tension. Position double pull tension strap along the spine or where needed, then tighten and close.

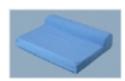
Sizing: Measurement taken at the mid-section

Sizes: S (28"-32"), M (32"-36"), L (36"-40"), XL (40"-44"), XXL (44"-48"), XXXL (48"-52")

Pillows

Cervical pillows are used to relieve tension and stress of the neck area. Lumbar pillows are used to relieve tension and stress of the lower back.

Tension Pillow (#610)



13 "x 17" pillow constructed of firm density foam with blue cotton/polyester cover One size

Latex free

Indications: Assists in relieving tension and stress in the neck.

Sizes: One size

Cervical Pillow (#611)



Comfortable contour designed cervical pillow with a foam/fiber fill inside and a cotton/polyester cover

Hypoallergenic Dacron fiber inside with a unique foam core to prevent the Dacron from shifting.

One size (7" x 18")

Latex free

Indications: Assists in relieving tension and stress in the neck.

Sizes: One size

Pillow Case For Cervical Pillow Blue (#612B)
Pillow Case For Cervical Pillow White (#612W)



Cotton/polyester material with zipper closure Fits the cervical pillow Available in Blue or White One size Latex free

Sizes: One size

Half Moon Lumbar Pillow (#887)



Half moon shaped lumbar pillow (2 ½" x 11 ½") constructed of firm foam covered with black colored brush nylon

Full moon shaped lumbar pillow (5" x 11 ½") constructed of firm foam covered with blue nylon Half moon comes with contact closure strap to help hold pillow in position

One size

Latex free

Indications: Assists in relieving tension and stress in the lumbar area.

Rib Belts

Rib belts are used to apply compression to the chest area, to restrict expansion of the rib cage, to stabilize the injury site, and to help relieve pain. Used for fractures of the rib or sternum, chest contusions, and pleurisy.

Male Universal Rib Belt, 6" (#330)



Brush nylon and elastic construction Contour design Contact closure for easy application One size Latex free

Indications: Used to apply compression to the chest area, to restrict expansion of the rib cage, to stabilize the injury site, and help relieve pain. Used for fractures of the rib or sternum, chest contusions, and pleurisy.

Sizes: One size (24"-48")

Female Universal Rib Belt, 6" (#331)



Brush nylon and elastic construction Contour design Contact closure for easy application One size Latex free

Indications: Used to apply compression to the chest area, to restrict expansion of the rib cage, to stabilize the injury site, and help relieve pain. Used for fractures of the rib or sternum, chest contusions, and pleurisy.



Sizes: One size (24"-48")

Universal Rib Belt, 6" (#355)



Brush nylon and elastic construction Contour design Contact closure for easy application One size Latex free

Indications: Used to apply compression to the chest area, to restrict expansion of the rib cage, to stabilize the injury site, and help relieve pain. Used for fractures of the rib or sternum, chest contusions, and pleurisy.



Sizes: One size (24"-48")

Sacro Supports

Sacro supports are used to immobilize or limit motion in the sacroiliac joints by compression.

Sacro Support, 6" (#615)



Solid white back panel with two pockets and pads Brush nylon and elastic side panels Double pull elastic tension straps Available in S and L Latex free

Indications: Sacro supports immobilize or limit motion of the sacroiliac joints with compression.

Application Instructions: Center back panel along hips and stretch elastic side panels for balanced compression.



Sizing: Measurement taken around hip area.

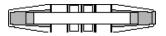
Sizes: S (26"-36") and L (36"-48")

Long Term Sacro Support, 6" (#2134)



Solid white back panel with two pockets and pads
Brush nylon and elastic side panels
Double pull elastic tension straps with reinforced contact closure for long term use
Available in S and L
Latex free

Indications: Sacro supports immobilize or limit motion of the sacroiliac joints with compression. Application Instructions: Center back panel along hips and stretch elastic side panels for balanced compression.



Sizing: Measurement taken around hip area.

Sizes: S (26"-36") and L (36"-48")

Shoulder Immobilizers

Used to aid in the healing of dislocations, fractures of the scapula or clavicle, subluxations, sprains or post cast removal. They should support the weight of the arm while holding the arm snug to the body and minimizing the arm and shoulder movement.

Designed to fit either arm.

Deluxe Shoulder Immobilizer (#256)



Constructed of a **NEW softer, more breathable**, padded, lightweight material with arm cuff and wrist pouch

Designed to fit left or right arm with shoulder strap

Contact closure for secure fit

Available in sizes: S, L, XL, and XXL

Color is black

Latex free

Indications: Support for shoulder dislocations and post-operative immobilization.

Application Instructions: Body strap fits around torso or under breast line for women. Position arm strap so that it is adjacent to affected arm. Additional shoulder strap goes over the unaffected shoulder and position wrist in pouch to prevent wrist drop. Attach all straps to a comfortable compression with contact closure. Additional piece of the contact closure reinforces wrist pouch and attaches to body strap to lock arm and wrist in place.

Sizing: Men take measurement at base of sternum. Women take measurement below breast line. Sizes: S (24"-32"), L (32"-48"), XL (46"-58"), and XXL (56"-68")

Acromioclavicular (A/C) Splint (#600)



Breathable, padded, lightweight material with metal stay under arm and adjustable elastic band under elbow

Contact closure secures desired location and pressure

One size Latex free

Indications: Immobilizes arm and shoulder. Limits range of motion.

Application Instructions: Your doctor or medical professional will give specific application instructions

Trochanter Belts

For hip dysplasia

Double Pull Trochanter Belt, 26"-38" (#721) Double Pull Trochanter Belt, 38"-48" (#722)



Belt is constructed of white breathable padded lightweight material with elastic double pull tension straps

Contact closure secures belt for comfortable fit

Available in two sizes

Latex free

Indications: For hip dysplasia.

Application Instructions: Center belt along the center of the hips and pull tightly. Double pull straps provide additional compression and attach with contact closure.

Sizes: 721 (28"-38"), 722 (38"-48")



Deluxe Trochanter Belt (#2131)

2" wide black truss elastic with pad and loop lock contact closure fo excellent customized compression

Latex Free

Available in S, M, and L



Indications: For hip dysplasia.

Application Instructions: Position truss elastic at center of hips, go through D-ring and loop back to produce desired compression. Contact closure for secured fit.

Sizing: Measurement taken around hip area.

Sizes: S (25"-35"), M (36"-48"), and L (48"-60")



Wrist Supports

Wrist supports are used to provide compression for sprains, strains or for carpal tunnel syndrome which requires limited flexion and extension of the wrist. Forearm and cock-up splints are used for fractures and post casting to provide temporary immobilization to the wrist, hand, and forearm.

Elastic Wristlet, Black (#252B)



Wristlet is constructed of 3" woven elastic and contact closure One size Latex free

Indications: Stabilizes and supports base of wrist.

Application Instructions: Stretch elastic around the wrist and set with contact closure.

Sizes: One size

Elastic Wristlet, White (#252W)



Wristlet is constructed of 3" woven elastic and contact closure One size Latex free

Indications: Stabilizes and supports base of wrist.

Application Instructions: Stretch elastic around the wrist and set with contact closure.

Sizes: One size

7 1/2" Wrist and Forearm, Left (#705L)7 1/2" Wrist and Forearm, Right (#705R)



Constructed of **NEW softer, more breathable** padded lightweight material with a strap and contact closure

Contoured metal stays support wrist and forearm in palm and back of hand

Specify left or right hand

Available in: XS, S, M, L, and XL

Latex free

Indications: Wrist splints are used for fractures, post casting, some arthritic conditions and other indications. These provide temporary immobilization of the wrist, hand, and forearm.

Application Instructions: Position palm and back of the hand against the cock-up and flat stays appropriately. Wrap splints around hand and set with contact closure. Main body strap of support should be placed just below wrist.

Sizing: Measurements are based on palm width at base of thumb.

Sizes: XS (2"-2 ½"), S (2 ½"-3"), M (3"-3 ½"), L (3 ½"-4"), XL (4"-4 ½")

Wrist Supports

10 ½" Universal Cock-up Splint (#820) 8" Universal Cock-up Splint (#881)



Splint is designed to fit either hand and is constructed of a vinyl outer with a foam inner lining Center strap wraps around hand and wrist to secure splint position and four loop and lock contact closure straps insure comfortable fit

Contoured metal stay is located in the palm and a flat metal stay supports the back of the hand Available in: 10 ½" or 8"

One size Latex free

Indications: Wrist splints are used for fractures, post casting, some arthritic conditions and other indications. These provide temporary immobilization of the wrist, hand, and forearm.

Application Instructions: Slip hand between the stays with the palm along the contoured cock-up stay and the back of the hand along the flat stay. Adjust main body contact closure tabs evenly from each side to insure comfortable, and secure fit. Main body wrap strap should be attached last. For best results, gradually tighten each side for even compression.

Sizes: One size

6" Elastic Wrist Brace, Reversible (#825)

6" Elastic Wrist Brace, Right (#825R)

6" Elastic Wrist Brace, Left (#825L)



Wrist brace is designed to comfortably support the wrist with contact closure for a secure fit Contoured metal palm stay to support the wrist

For the reversible model, place the metal stay within the contact closure keeper to fit opposite hand Available in: XS, S, M, L, and XL Latex free

Indications: Excellent multi-purpose splint for repetitive trauma disorders and other injuries to the the wrist area. Prevents downward movement of the hand and wrist. Excellent resting splint. Application Instructions: Position palm of hand along contoured palm stay. Stretch elastic around the hand and wrist and secure the four contact closure tabs to insure proper fit. Reversible stay allows splint to fit either hand.

Sizing: Measurements are based on palm width at base of thumb.

Sizes: XS (2"-2 ½"), S (2 ½"-3"), M (3"-3 ½"), L (3 ½"-4"), XL (4"-4 ½")

4" Elastic Wristlet, Black (#1098)



Wristlet is made of 4" black elastic material and secured with contact closure One Size Latex free

Indications: Wristlet provides light support of the wrist.

Application Instructions: Stretch around wrist and attach with contact closure.

Wrist Supports





Wristlet is made of 3" elastic material and secured with contact closure One Size Latex free 24/Box

Indications: Wristlet provides light support of the wrist.

Application Instructions: Stretch around wrist and attach with contact closure.

Sizes: One size

Elastic Wristlet With Thumb Loop, Black (#2136B)



Constructed of 3" knit elastic and contact closure Thumb loop secures wristlet positioning and allows for easy application One Size Latex free

Indications: Wristlet provides light support of the wrist.

Application Instructions: Place thumb through loop, then stretch around wrist and attach with contact closure.

Sizes: One size

CTD Wrist Stabilizer, Black (#2137B)



Black elastic support with Orthowick inner lining to reduce moisture Spiral stays on both sides of support Support can accommodate left or right hand Available in: XS, S, M, L, and XL Latex free

Indications: Excellent multi-purpose wrist support. Allows restricted upward motion and finger dexterity while supporting the wrist. May be used as a working support for the treatment and prevention of repetitive trauma disorders.

Application Instructions: Slide hand into support, place thumb through the thumb hole and tighten tension strap in desired location.

Sizing: Measurements are based on palm width at base of thumb.

Sizes: XS (2"-2 $\frac{1}{2}$ "), S (2 $\frac{1}{2}$ "-3"), M (3"-3 $\frac{1}{2}$ "), L (3 $\frac{1}{2}$ "-4"), XL (4"-4 $\frac{1}{2}$ ")